



WHAT ARE CHANGE CLUBS?

Change Clubs are groups of people that help each other to change their habits and achieve a more sustainable way of living. It's a space to share knowledge, inspire, and motivate each other.

It can be a group of friends, neighbors, or people who share the desire to take action on climate change. Anyone can start a Change Club and each Club is free to organize itself as its members wish.



WHAT DO CHANGE CLUBS DO?

In Change Clubs, members meet with a certain regularity and decide on actions to take to transform their lives, a step at a time.

A coordination team supports the Change Clubs during their creation and beyond, providing all clubs with content, tips, and recommendations that each one can use as guide.



WHY CHANGE CLUBS?

Change is possible if we want it! The chances of success are higher if people join each other - it's more fun and easier to stay motivated. There is also less anxiety or feelings of being powerless.

Our goal is to create 100 Change Clubs in the first year and to spread around the world exponentially!



If you are interested in creating a Club please [contact](#) Change Clubs or you can write to info@changeclubs.global

More information

